



NOTE: You must write the questions and answers in your **ENGLISH NOTEBOOK.**

DEADLINE: JULIO 17-2024.

The answers can be found in the class notes.

1) Read the following poster and comment on what you think is the correct answer.



- a) The product does not have a high percentage of saturated fat.
- b) The product has a high percentage of saturated fat.
- c) The product has high levels of sugar.
- d) None of the above

2) Read the following poster and comment on what you think is the correct answer.

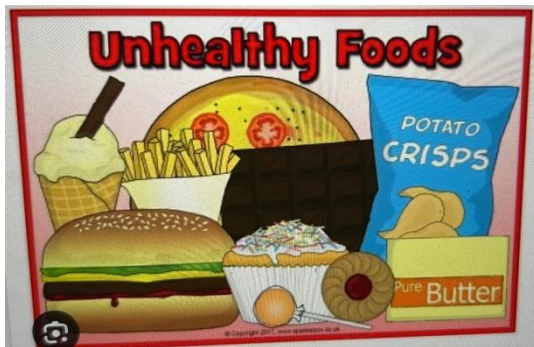


- a) The product does have a high percentage of sodium (salt).
- b) The product has a high percentage of saturated fat.
- c) The product has high levels of sugar.
- d) None of the above

3) Read the following poster and comment on what you think is the correct answer.



- a) The product does not have a high percentage of saturated water.
 - b) The product has a high percentage of saturated vegetables.
 - c) This product is considered junk food.
 - d) None of the above
- 4) Read the following poster and comment on what you think is the correct answer.



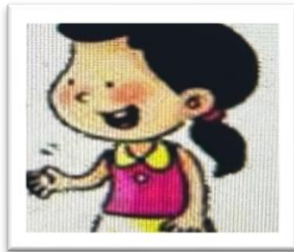
- a) The product does not have a high percentage of saturated water.
- b) The product has a high percentage of saturated vegetables.
- c) This product is considered junk food.
- d) This product is considered unhealthy food.

LEXICAL COMPETENCE

- 5) What are some common diseases caused by eating junk food?
- 6) Can you name some healthy alternatives to junk food?
- 7) Why is it important to eat a balanced diet and avoid junk food?
- 8) What are some ways to educate others about the dangers of eating too much junk food?
- 9) - Some ways to educate others about the dangers of eating too much junk food are by sharing information about the negative effects it can have on our health, and by promoting healthy eating habits

CONVERSACIONES

10) Complete the following conversations:



- a) Frogy is your pet?
- b) Today is Monday
- c) the day is sunny
- d) one of the above

11)

- a) The party
- b) The life is green
- c) I'm going to my house



- a) It is raining
- b) I'm hungry
- c) I read everything in my bag.
- d) I'm thirsty



12)

- a) He is from Russia
- b) This is my school
- c) I bought it at Macy's
- d) None of the above



13)

- a) Your team is very good
- b) We have 5 inches
- c) We are waiting
- d) All of the above



14)

LECTURA

Eating too much junk food can lead to serious health problems. Junk food is often high in sugar, salt, and

unhealthy fats, which can cause diseases like obesity, diabetes, and heart disease. It's important to choose nutritious foods like fruits, vegetables, and whole grains to keep our bodies healthy and strong.

16. Why is it important to avoid eating too much junk food?

- A) Because it makes us stronger
- B) Because it can make us sick
- C) Because it tastes better
- D) Because it helps us grow taller

17. What are some examples of junk food that can cause health problems?

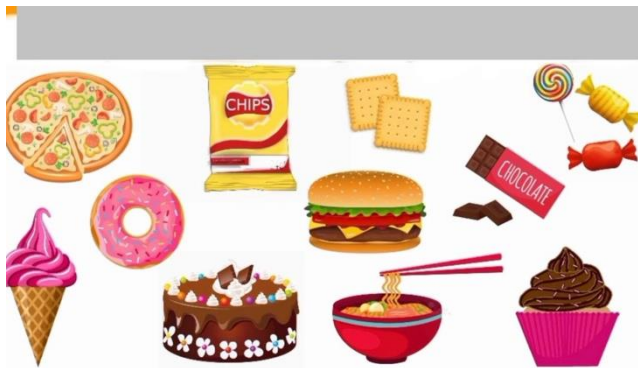
- A) Fruits and vegetables
- B) Candy, chips, and soda
- C) Whole grains
- D) Lean protein

18. How can eating a balanced diet help prevent diseases?

- A) By making us run faster
- B) By keeping our bodies healthy
- C) By making us smarter
- D) By helping us sleep better

19. What are some healthy food choices that can help us stay strong and avoid diseases?

- A) Eating junk food every day
- B) Eating only fruits and vegetables
- C) Eating a balanced diet with fruits, vegetables, and whole grains
- D) Eating only candy and chips



20) Select the appropriate title for this image.

- a) The most the sweetest
- B) the ugliest
- C) Junk food
- d) None of the above